



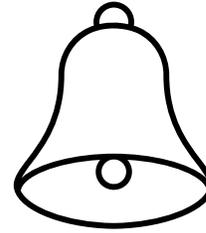
Monday  
October 31, 2022

# Heritage Woods Secondary

"WE ARE KODIAKS"



## Bell Schedule



<b>Block 1</b>	<b>8:00 – 9:12</b>
<b>Block 2</b>	<b>9:16 – 10:28</b>
<b>FLEX</b>	<b>10:28 – 10:59</b>
<b>Block 3</b>	<b>11:03 – 12:15</b>
<b>LUNCH</b>	<b>12:15 – 12:55</b>
<b>Block 4</b>	<b>12:59 – 2:11</b>
<b>Block 5</b>	<b>2:15 – 3:27</b>



# MOVE4MANA WRAP THE MUMMY CHALLENGE

**When?** October 31st at lunch

**Where?** Grand Hall

**How?** Bring a friend to wrap as a mummy within a time limit

PLAY FOR A CHANCE TO WIN A PRIZE!



# UBC BLACK FUTURES PROGRAM

*Any students who identify themselves as Black, have the opportunity to apply for the “UBC Black Futures Program” There will be 4 zoom meetings after school and 2 UBC campus visits from now until May. If you are interested, please email Ms. Rai ([mrail@sd43.bc.ca](mailto:mrail@sd43.bc.ca)).*

- The program will consist of four Zoom meetings held at 4:30 PM, and two face-to-face meetings. The first one will be via Zoom at 4:30 pm during the month of November. Students will also participate in all-day campus visits on two select Thursdays throughout the academic year. We will work with your school board and community partners for transportation.



**Could the following students please come to the office to see Ms. Hall**

- Nick R.-Parking Pass
- Dylan E.-Student cards
- Julie H.-Student cards
- Forest M.-Certificate

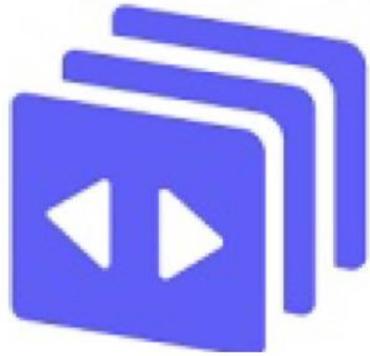
# INTERNATIONAL STUDENTS:



*If your program is expiring this semester and you wish to remain in the Coquitlam School District for next semester, your program fees are due by November 1<sup>st</sup> 2022. It is also important that your parents sign the reapplication form. Fees received after November 1 will be subject to a \$500 late charge.*

*If you have any questions, please email Ms. Upton @ [hupton@sd43.bc.ca](mailto:hupton@sd43.bc.ca), or see Ms. Lee (Room 245).*

# App of the week: slidesgo



**slidesgo**

Find online at the  
slidesgo website

## What is the app?

Find pre-made PowerPoint presentations,  
just input your information

## How much is it?

**Free**

## Special features

- Many different themes from math to Christmas
- Colours and symbols are easy to change and add
- Easy to export

For more information on how to  
use the app, check out the  
[@hwss.tech.talks](#) Instagram

# CLUBS





# Join JABC (Business) Club



- **Learn about money and Crypto!**
- **Play boardgames with each other!**
- **Understand the simple concepts of both Macro and Micro econ!**
- **Try out market business simulations!**



Hosting Every  
Friday right after  
school at Room 301

**PHOTO CLUB**  
**is hosting a**  
**HALLOWEEN**  
**Photo Booth**



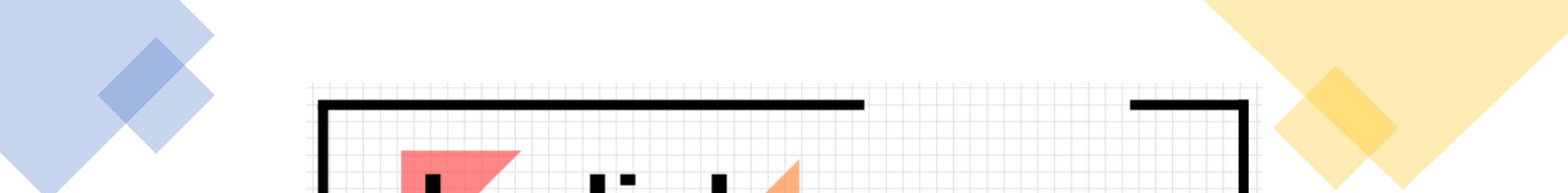
- \*Come in Costume**
- \*Bring your Friends**
- \*Bring your Toonies**

**HALLOWEEN**  
**PHOTOBOOTH**

**OCT 31 MONDAY**  
**GRANDHALL**  
**LUNCH & FLEX & AFTERSCHOOL**

**BRING YOUR TOONIES**  
**\$2 PER ONE POLAROID**  
**SHOOT!**





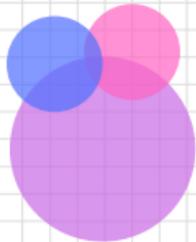
# kodiak

# pride club

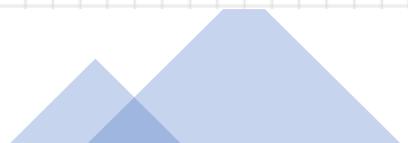
**about:** a safe space for students, regardless of sexuality or gender identity. we do events like TV watch parties, bingo, charity fundraisers, and more (and we have snacks)! the focus is to be a fun, chill environment for all students.

**when:** *meetings on tuesdays at lunch*

**where:** *room 311*



**questions? DM  
@hwsskodiakpride  
on Instagram!**





# Club Names & Sponsor Teachers

If you are interested in joining a club pls contact the sponsor teacher!

Art Club – Mr. Ting

Barz Club – Mr. Zenone

Book Club – Ms. Ferrer

Business Club – Mr. Sather

Chess Club – Mr. Sun

Creative Minds Club – Ms. Ross

Curling Club – Ms. Wood

Debate Club – Mr. Zenone

Dungeons and Dragons Club – Mr.

Blake/Ms. Nezil

Economics Club – Ms. Gilder

Enviro Club – Mr. Modder

First Responders – Mr. Baldus

History Club - Mr. Chaffee

Host Club – Mr. Chan

JA Business Club – Mr. Sather

Kodiak Pride – Ms. Leeden

KWAP Club – Ms. Nunn

Law Club – Mr. Aitken

Math Club - Ms. Weinkam

Multicultural Club – Ms. Lee

MUN – Mr. Chaffee

Pediatric Health Alliance - Mr.

Gleckman

Photo Club - Ms. Vickerson

Physics – Mr. Khalili

Quilting Club – Ms. Woods

Robotics – Mr. Au-Lange

# KODIAK ATHLETICS

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# Gr. 9 Boys Basketball

- Gr. 9 Boys Basketball Tryout
- Sunday, Oct. 30<sup>th</sup> @ 11AM in the gym
- Questions? Email Mr. Schellenberg: [gschellenberg@sd43.bc.ca](mailto:gschellenberg@sd43.bc.ca)



# Jr. Girls Basketball

Jr Girls Basketball try out:

**Monday November 7<sup>th</sup> @ 3:45pm**

You must be there if you would like to play this year.

Please see Ms. Powell if you have any questions.

# Jr. Boys Basketball



WHO: Any Gr. 10 boys interested in playing basketball this year

WHAT: Basketball team tryouts

WHERE: Gym

WHEN: Thursday, Nov. 3rd @  
7:30AM

(in the morning!!)



ATTENTION ALL WRESTLERS

Wednesday, November 02, 2022

A meeting for new and returning wrestlers  
in the mat room at lunchtime!

Congratulations to the HWSS Field Hockey team for a fantastic 3-1 win over Centennial in the league championship! This is their fourth league championship in a row!!!

Best of luck to them as they compete for the Fraser Valley North title at Burnaby Lake this Thursday!



**Congratulations to the HWSS Junior Girls Cross Country Team!  
Fraser Valley North Champions! Erica Barnard 1st Place.**



Congratulations to the HWSS Junior Boys Cross Country Team.  
Fraser Valley North Champions!



# Congratulations to the HWSS Senior Girls Cross Country Team. Fraser Valley North Champions!



# CAREER CENTER





# **2023 Junior Firefighter Programs Information Session**

**Date: Monday Nov 07, 2022**

**Time: at lunch**

**Where: library computer lab**

**Program open to students in grades 11 and 12**



# 2023 Junior Firefighter Programs

School District No. 43 is partnering with **both** Coquitlam Fire Rescue and Port Moody Fire Rescue to offer two different junior firefighting programs for 2023.

These programs are open to SD43 students in grades 11 and 12, and help applicants understand the basic physical and educational components required of new recruits.

#### EDUCATIONAL COMPONENT

Tests knowledge of firefighting equipment and fire behavior

#### PRACTICAL COMPONENT

Tests endurance and teamwork skills



**Applications are open Nov. 1–Dec. 2, 2022**

Scan the QR code or go to [43careers.com](https://43careers.com)

- ▶ The Coquitlam academy runs out of 1300 Pinetree Way.
- ▶ The Port Moody academy runs out of 150 Newport Drive.





# November Info Sessions For Students:

Nov 03 – Post-Secondary in BC Mini Fair 9-11 am in the grand hall

Nov 04 – U Guelph at flex in grand hall

Nov 08 – Langara 6 pm Virtual

Nov 15 – McGill 7 pm in the theatre

Nov 16 – Waterloo 3:30 pm in the library

Nov 22 – U Calgary at flex in grand hall

Nov 23 – Sauder CAP 6pm virtual

Nov 30 – U Alberta at lunch in library computer lab

# Junior Firefighter Programs

**Coquitlam Fire Rescue: March 10 - 17, 2023** (first week of Spring Break)

**Port Moody Fire Rescue: April 20 - 23, 2023** (plus a few days before/after)

The Coquitlam School District is very excited to partner with both Coquitlam Fire Rescue and Port Moody Fire Rescue to offer two different firefighter academies this year!

It is open to SD43 high school students currently in grades 11 and 12.

The Junior Firefighting Programs will give the applicants a true understanding of the basic components both physical and educational of Fire Rescue's basic training for new recruits. The educational component will test the applicant's knowledge learned in the classroom of firefighting equipment, fire behaviour, the fire tetrahedron and the products of combustion, to name a few. The practical component of the program will test the applicant's strength, endurance and teamwork skills. Some examples may include: dragging charged hose lines, carrying ladders in a group, climbing the four-story hose tower and cutting up cars in teams using the "Jaws of Life".

The **Coquitlam** academy will be accepting 12 students and will run for 8 days (9.00am to 5.00pm) at the firehall located at 1300 Pinetree Way, Coquitlam.

The **Port Moody** academy will be accepting 4 students and will run for 4 days (8.00am to 6.00pm) at the firehall located at 150 Newport Drive, Port Moody. There will be a few more days before/after attached to this academy, those will be updated later.

There are three phases to being accepted: "**completed (fillable .pdf) paper application**", "**fitness test**" and "**personal interview**". A student must successfully complete all three components if they are to be considered for one of the 16 spots. It is a wonderful opportunity and experience!

**Students are only able to participate in one of two offerings.**

**The application form for Spring 2023's academies will be available on November 1, 2022.**

[http://www.sd43.bc.ca/CareerPrograms/Pages/OtherLearningOpportunities.aspx#/=](http://www.sd43.bc.ca/CareerPrograms/Pages/OtherLearningOpportunities.aspx#/)



# LOST & FOUND - please claim at the office!

